



RESEARCH ARTICLE

ANALYTICAL STUDY OF THE OBJECTIVES OF THE PROPOSED MODEL TO PROMOTE THE PRACTICE OF SPORTING RECREATIONAL ACTIVITIES IN THE ARAB REPUBLIC OF EGYPT

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ABSTRACT

Background: Many developed countries tend to pay attention to the practice of sports recreational activities because of their effectiveness in investing the leisure time of the practitioners in a positive way and protecting them from the risks of engaging in activities that harm the individual and society, which prompted the researcher to identify the steps for designing a proposed model to promote the practice of these activities. **Aim:** Conducting an analytical study of the objectives of the proposed model to promote the practice of sports recreational activities in the Arab Republic of Egypt. **Methods:** The researcher used the descriptive method (the survey studies method) that is appropriate for the research transaction. **Results:** The most important results of the research were to increase the base of participants in recreational sports activities in the Arab Republic of Egypt, raise the efficiency of new cities and provide them with clubs and youth centers. **Conclusion:** The researcher recommended paying attention to the sports infrastructure and expanding the spread of sports recreational activities

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INTRODUCTION

Both "Kamal Darwish and Muhammad Al-Hamahmi" (2007) indicate that the interest of recreational, educational, social, political and economic institutions such as youth centers and sports clubs must study free time and how to invest it, as well as the problems resulting from not investing it in the interest of society as a whole in terms of the number of young people who are The basis of societies, and the positive influence that accrues to them through the real practice of recreational activities, contributes to protecting young people from the harmful effects of the deviation of these youth and thus protecting society as a whole. (Darwish and Al-Hamahmi 2007: 25)

MATERIALS AND METHODS

Subjects: The researchers conducted an exploratory study of the data collection tool to ensure its validity and reliability, as he applied it to a sample from the research community and outside the main sample from 5/3/2020 AD to 5/4/2020, with the aim of identifying its relevance and relationship to the application to that sample.

Sample Selection condition: The research sample was deliberately chosen from employees of sports clubs, youth centers, youth and sports directorates, whose strength is (220),
Study tools: The researcher used the questionnaire and the unstructured interview.

Procedures: After reviewing the scientific studies and research and determining the objective of the questionnaire, the researcher came up with a set of phrases to design the questionnaire, and it was presented to a group of experts in the field of sports management and sports recreation, numbering (10) experts, so that their period of experience in the field is not less than (10) years in order to express Opinion on the extent to which these expressions are appropriate for the research topic,

STATISTICS

Independent Variable: The objectives of the proposed model.
Dependent Variable: Sports recreational activities.

Statistical method used: Percentage, Correlation, coefficient. Kronbach's, Alpha, Factor. Estimated, balance, Estimatedscore.

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Table 1. The percentage of experts' agreement on the questionnaire statements and the Pearson correlation coefficient between the score of each statement and the total of the questionnaire scores and the reliability coefficient using the Cronbach's alpha coefficient for the questionnaire

| N | Phrases of the questionnaire | The percentage of expert agreement ((N = 10 | Correlation coefficient between the statement and the questionnaire ((N = 30) | Stability coefficient using Kronbach's alpha for the questionnaire |
|---|---|---|---|--|
| 1 | Increase the base of participants in recreational sports activities in the Arab Republic of Egypt | %100 | 0.78 | 0.81 |
| 2 | Investing free time with a large base of young people and keeping them away from activities that achieve harm to the individual and society | %90 | 0.71 | |
| 3 | Discovering the talents of those who practice sports recreational activities | %90 | 0.86 | |
| 4 | Working on developing sports talents and using them to represent Egypt in international forums | %100 | 0.84 | |
| 5 | To prepare a strong generation capable of taking responsibility and participating in building their country | %90 | 0.94 | |
| 6 | Increasing the number of job opportunities available for physical education graduates | %80 | 0.87 | |
| 7 | Raise the efficiency of the new cities and exploit the desert areas in establishing a sports infrastructure with a mass turnout | %100 | 0.81 | |
| 8 | Promote sporting recreational activities and facilitate exercise for all members of society | %100 | 0.79 | |

| Ferry number | Response | | | Estimated score | percentage | Ca2 value |
|--------------|----------|---------|----------|-----------------|------------|-----------|
| | agree | neutral | disagree | | | |
| 1 | 105 | 82 | 33 | 512 | 77.57 | 36.88 |
| 2 | 121 | 80 | 19 | 542 | 82.12 | 71.84 |
| 3 | 148 | 54 | 18 | 570 | 86.36 | 122.87 |
| 4 | 164 | 30 | 26 | 578 | 87.57 | 168.25 |
| 5 | 105 | 97 | 18 | 527 | 79.84 | 63.06 |
| 6 | 171 | 39 | 10 | 601 | 91.06 | 200.84 |
| 7 | 86 | 93 | 41 | 485 | 73.48 | 21.71 |
| 8 | 105 | 50 | 65 | 480 | 72.72 | 22.04 |

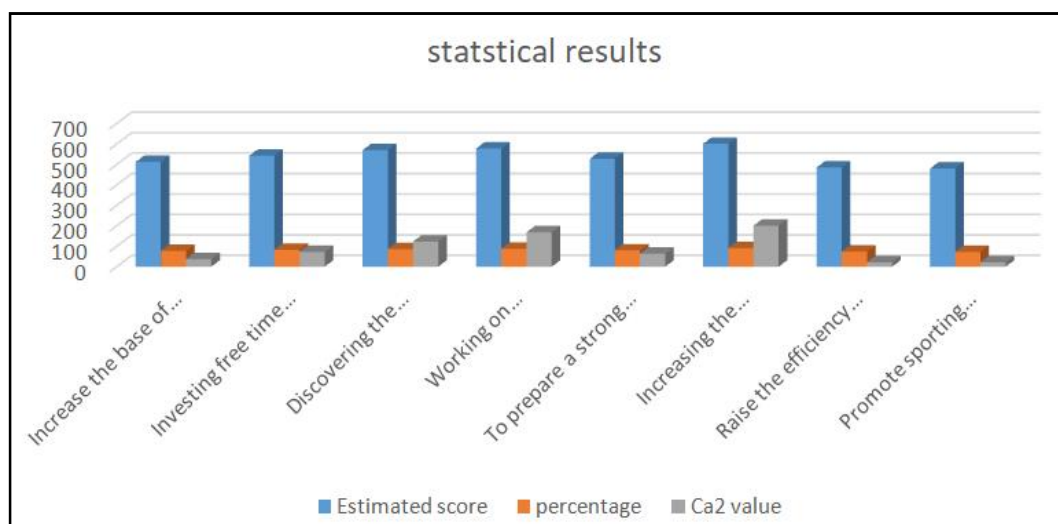


Figure 1. The estimated score, percentage and ranking of the sample opinions on the questionnaire

RESULTS

The most important objectives of the proposed model were: increasing the base of participants in recreational sports activities in the Arab Republic of Egypt, developing sports talents and benefiting from them in representing Egypt in international forums, raising the efficiency of new cities and exploiting desert spaces in establishing a sports infrastructure. This is consistent with the study of Ojo, (2015) .

DISCUSSION

The percentage of the research sample responses to the questionnaire statements ranged from 72.72%: 91.06%. There are statistically significant differences between the opinions of the research sample in all the terms and in the direction of approval. Keeping up with global trends and standing on all aspects represented in managing sports institutions and studying all global phenomena and the extent of this impact on

Egyptian sporting recreational activities and getting acquainted with the standards of development of many Arab and foreign countries in the field of practicing recreational and sports activities, which should be through studies in cooperation with institutions International because the practice of sporting activities in the world will change and be affected by many global trends, economically, investment and organizationally. (Al-Shafei and Hijazi 2009: 174)

Conclusion

The researchers recommends that the results of the research be used when planning sports recreational activities in the Arab Republic of Egypt and paying attention to the qualification of physical education graduates for the job market by paying attention to sports infrastructure and expanding the spread of sports recreational activities.

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